

Community Resources

Resource	Website	Phone Number	Description
AHCCCS / MEDICAID			
AHCCCS	www.azahcccs.gov	Contact local AHCCCS Office. Information found on website.	Arizona Health Care Cost Containment System (AHCCCS) is Arizona's Medicaid agency that offers health care programs to serve Arizona residents. Individuals must meet certain income and other requirements to obtain services.
Medicaid	www.Medicaid.gov	Contact local Medicaid Department. Information found on website.	The Center for Medicaid and CHIP Services (CMCS) is one of six Centers within the Centers for Medicare & Medicaid Services, an agency of the U.S. Department of Health and Human Services (HHS). CMCS serves as the focal point for all national program policies and operations related to Medicaid and the Children's Health Insurance Program (CHIP).
BEHAVIORAL HEALTH			
Magellan Health Services	www.magellanofaz.com	800-564-5465	Magellan of Arizona serves over 80,000 recipients and their family members through a wide range of services from crisis assistance and housing programs to children's services and substance abuse treatment.
Jewish Family & Children's Services	www.jfcsaz.org	602-279-7655	A non-profit, non-sectarian organization that strengthens the community by providing quality behavioral health and social services.
Catholic Charities Community Services	www.catholiccharitiesaz.org	602-285-1999	We reach out to thousands of people, regardless of their race, ethnicity, economic status, or religious affiliation, to shelter the homeless, protect and nurture children, strengthen and reunify families, welcome and assist refugees, aid those in crisis, and help the impoverished
National Suicide Prevention Lifeline	http://www.suicidepreventionlifeline.org/	800-273-8255	24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress
National Hopeline Network	http://suicidehotlines.com/	800-784-2433 800-273-8255	For Suicide Prevention & Emotional Crisis. Toll-Free / 24 hours a day / 7 days a week
Arizona Teen Lifeline	www.teenlifeline.org	800-248-TEEN	To provide a safe, confidential and crucial crisis service where teens help teens make healthy decisions.

Resource	Website	Phone Number	Description
CHILD CARE			
Child Care Resource & Referral	http://www.arizonachildcare.org/	1-800-308-9000	Child Care Resource and Referral provides assistance to families seeking child care and to child care providers.
DES Child Care	https://www.azdes.gov/az_child_care/	Contact local DES Office. Information found on website.	The purpose of DES Child Care is to assist eligible families with child care costs, enabling parents to participate in employment and specific education and training activities related to employment, or in certain other circumstances when parents are unable to provide care.
DENTAL CARE			
Phoenix College Dental Hygiene Clinic 1202 W Thomas Rd Phoenix, AZ 85013	http://www.phoenixcollege.edu/student-resources/campus-resources/dental-clinic	602-285-7323	The Phoenix College Dental Hygiene Clinic offers preventive and therapeutic dental services to qualified patients. All procedures performed by students are under the supervision of instructors, and may require more than one visit to be completed.
A.T. Still University	www.atsudental.com	480-248-8100	Arizona's first university-affiliated dental clinics offer compassionate, personal care with affordable fees.
DOMESTIC VIOLENCE			
Child Abuse Hotline	www.azdes.gov/child_protective_services/	888-767-2445	Child Protective Services is a program that seeks to help families by strengthening the ability of parents, guardians or custodians to provide good care for their children. The program tries to balance the legal rights of parents and the needs and rights of children to live in a physically and emotionally healthful situation.
Elder Abuse Hotline	www.azdes.gov	877-767-2385	The Arizona Department of Economic Security promotes the safety, well-being, and self sufficiency of children, adults, and families.
National Domestic Violence Hotline	http://www.thehotline.org/	800-799-SAFE (7233)	The National Domestic Violence Hotline creates access by providing 24-hour support through advocacy, safety planning, resources and hope to everyone affected by domestic violence.
Domestic Violence Prevention/Information	www.azcadv.org	800-782-6400	Increase public awareness about the issue of domestic violence. Enhance the safety and services for domestic violence victims and survivors. Reduce domestic violence in Arizona Families.
Community Network for Accessing Shelter	http://phoenix.gov/law/victims/domesticviolence/contacs.html	800-799-7739	24-hour hotline. Assistance in locating emergency shelter for victims of domestic violence.

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HOSPICE			
Hospice of Arizona	http://www.americanhospice.com/arizona	602-678-1313	Dedicated to providing compassionate high quality health and hospice care
Hospice of the Valley	www.hospiceofthevalley.org	602-530-6900	Bringing comfort and dignity as life nears its end
IMMUNIZATIONS			
Maricopa County Childhood Immunization Partnership	http://www.mcchip.org/	602-688-7568	A public/private partnership dedicated to raising immunization awareness and rates in Maricopa County
MEDICAL, NUTRITION, FINANCIAL			
Health-e Arizona	www.healthearizona.org	877-717-4199	You can use Health-e-Arizona to apply on-line for medical assistance, Nutrition Assistance, and cash assistance.
MULTI-SPECIALTY MEDICAL CARE			
Midwestern University Clinics	http://www.mwuclinics.com/az/	623-537-6000	The Midwestern University Multispecialty Clinic provides a one-stop solution for comprehensive family medical treatment in six specialty areas, including Clinical Psychology, Family Medicine, Podiatry, Optometry, Osteopathic Manipulative Medicine, and Pharmacy Services.
NUTRITION			
Arizona Academy of Nutrition and Dietetics	http://www.eatrightarizona.org/	Contact via e-mail on website	The Arizona Academy of Nutrition and Dietetics (formerly the Arizona Dietetic Association) is a state affiliate of the Academy of Nutrition and Dietetics (formerly the American Dietetic Association.) Provides nutrition resources for the public.
Keogh Health Connection	www.keoghhealth.org	602-749-4184	Direct assistance with applications for health and nutrition programs and referral to community resources. Collaboration building and informational seminars aimed at helping community groups make better referrals to available resources for people in need.

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PARENTING			
Parenting Arizona	http://www.parentingaz.org/	602-248-0428	A statewide non-profit organization whose vision is to assure a positive and safe environment for all children. To promote healthy parenting among individuals and in communities raising children
Child & Family Resources	http://www.childfamilyresources.org/phoenix.html	(602) 234-3941	Provides families with a variety of choices and levels of support to learn about caring for and educating their young children.
PRESCRIPTION ASSISTANCE			
Prescription Help	www.arizonarxcard.com/index.php	Contact via e-mail on website	As a resident of Arizona, you and your family have access to a statewide Prescription Assistance Program (PAP).
Partnership for Prescription Assistance	http://www.pparxaz.org/	1-888-477-2669	Welcome to PPARxAZ, a Web site designed to help low-income, uninsured Arizona residents get access to patient assistance programs where they may qualify for free, or nearly free, prescription medicines.
SMOKING CESSATION			
Arizona Quit Smoking Help Line/Ash Line	www.ashline.org	800-556-6222	Each year we help thousands of Arizonans overcome their tobacco addiction and provide free training and technical assistance to healthcare providers.
Smoke Free	http://smokefree.gov/talk-to-an-expert	800-784-8669	Smokefree.gov is intended to help you or someone you care about quit smoking
TRANSPORTATION			
Dial-A-Ride	www.valleymetro.org/dial_a_ride/	602-253-5000	Valley Metro is committed to providing safe, convenient transportation options for all Valley residents.
NetCor Transports LLC	http://www.netcortransports.com/transportation-doctor-appointments	623-243-7245	Netcor Transports LLC provides affordable services for clients in need of local and long distance non-emergency medical transportation without compromising care and comfort.
WEIGHT MANAGEMENT			
My Plate	www.choosemyplate.gov/food-groups/	Contact via e-mail on website	MyPlate was developed as an effort to promote healthy eating to consumers.
Isagenix	www.mattduke.isagenix.com	623-680-7809	Isagenix is the ultimate transformation system to combat the toxins in our environment and improve body composition

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ADDITIONAL COMMUNITY RESOURCES			
Lab Express	www.labxpress.com	800-999-WELL	Your doctor can order lab-work for you, but you get to choose where you want your testing performed. We will accept any doctor's orders or any lab's requisition. Even if your doctor gives you a laboratory requisition for another lab, you have the right to choose where you go, choose LabXpress®!
Sexually Transmitted Diseases	www.azdhs.gov/phs/oids/std/std_clinics.htm	Phone numbers available on website	Provides information on Free / Low Cost testing facilities as well as STD signs & symptoms
Well Woman HealthCheck Program	http://www.azdhs.gov/hsd/healthcheck/wellwoman/	800-257-8502	The program helps low-income, uninsured, and underinsured women gain access to breast and cervical cancer screening and diagnostic services