

Adenoidectomy

1. Your child has had a procedure to relieve obstruction and infection in the back of the nose.
2. Some oozing out the front of the nose, or the back of the throat is normal and expected. Severe bleeding is very rare, and if this occurs, please call us.
3. Congestion, snoring, and bad breath are typical during the recovery phase.
4. Some pain and discomfort is normal. Tylenol and Motrin are typically recommended. Prescription strength narcotics are not usually necessary.
5. Sore throat is normal. Encourage plenty of liquids. Popsicles, ice cream, Jello and Gatorade are all excellent. So are fruit smoothies.
6. Low grade fevers are not uncommon, and can often indicate that your child is taking enough liquids. If your child has fever greater than 101.5, please notify the office.
7. Call our office if you have any other questions or concerns.

Rev. 11.2013